# Marjan Ghahramanlou Holloway, Ph.D.

# **Curriculum Vitae**

Uniformed Services University of the Health Sciences	
Department of Medical & Clinical Psychology	(301) 295-3271 Office
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# **CURRENT PRIMARY AND SECONDARY APPOINTMENTS**

**Assistant Professor**, Department of Medical & Clinical Psychology (Tenure-Track) Uniformed Services University of the Health Sciences

June 2006 – Present

**Assistant Professor**, Department of Psychiatry **Scientist**, Center for the Study of Traumatic Stress Uniformed Services University of the Health Sciences

June 2009 - Present

# **EDUCATION**

# 2004 Postdoctoral Fellowship

University of Pennsylvania, School of Medicine, Department of Psychiatry, Philadelphia, PA Mentor: Aaron T. Beck, M.D.

# 2003 Ph.D. Clinical Psychology

Fairleigh Dickinson University (APA-Accredited), Teaneck, NJ

Dissertation Title: "Cognitive Behavioral Treatment Efficacy for Anxiety Disorders: A Meta-Analytic Review"

# 2001 Clinical Internship

Springfield Hospital Center (APA-Accredited), Sykesville, MD

# 1997 M.A. Pre-Clinical Psychology

Chapman University, Orange, CA

Thesis Title: "Vicarious Trauma: The Effects of Crisis Intervention on Sexual Assault Counselors"

# 1994 B.S. Biology, B.A. Psychology, Minor in English Literature

University of California, Irvine, CA

# **HONORS & AWARDS**

2009	Cinda Helke Award for Excellence in Graduate Student Advocacy
2006	Level II Participant Award, NIH Sponsored 1-Week Summer Research Institute on Suicide
	Prevention, University of Rochester
2005	Level I Participant Award, NIH Sponsored 1-Week Summer Research Institute on Suicide
	Prevention, University of Rochester
2003	Marquis Who's Who in American Education
1996-1999	Johnson & Johnson Minority Scholarship
1996-1999	Fairleigh Dickinson University - Psychology Department Research Assistantship Award
1996	Chapman University – Outstanding International Graduate Student Award

# RESEARCH SUPPORT (PEER-REVIEWED)

2010-2015 United States Army Medical Research and Materiel Command

Military Operational Medicine Research Program

Post Admission Cognitive Therapy (PACT) for the Inpatient Treatment of Military Personnel with Suicidal Behaviors: A Multi-Site Randomized Controlled Trial

Role: Principal Investigator Total Awarded = \$6,000,000

United States Navy (USN) 2010-2012

USN Suicide Prevention Program

Assessing and Managing Suicide Risk: A Program Evaluation Study

Role: Principal Investigator Total Awarded = \$60,000

2009-2012 United States Army Medical Research and Materiel Command

Military Operational Medicine Research Program

A Brief Intervention to Reduce Suicide Risk in Military Service Members and

Veterans

Role: Principal Investigator Total Awarded = \$2,671,337

National Alliance for Research on Schizophrenia and Depression 2009-2011

NARSAD Young Investigator Award

Inpatient Post Admission Cognitive Therapy for the Prevention of Suicide Attempts

Role: Principal Investigator Total Awarded = \$60,000

2008-2009 United States Marine Corps (USMC)

USMC Suicide Prevention Program

Marine Corps Frontline Supervisors Training (FST) Program Evaluation

Role: Principal Investigator Total Awarded = \$32,000

2008-2011 Congressionally Directed Medical Research Programs

CDMRP Extramural PTSD New Investigator Award

Pilot Trial of Inpatient Cognitive Therapy for the Prevention of Suicide in Military

Personnel with Acute Stress Disorder or Posttraumatic Stress Disorder

Role: Principal Investigator Total Awarded = \$457,609

Uniformed Services University of the Health Sciences 2006-2011

> USUHS New Faculty Startup Research Package Suicide Prevention in the United States Military

Role: Principal Investigator Total Awarded = \$375,000

#### OTHER RESEARCH SUPPORT

U01 - National Institute of Mental Health (USA Suicide RFA-MH-09-140) 2009-2014

Modifiable Risk and Protective Factors for Suicidal Behaviors in the US Army

Role: Co-Investigator (PI: Robert Ursano, M.D.)

Total Awarded = \$50,000,000

United States Army Medical Research and Materiel Command 2009-2014

Military Suicide Research Consortium

Role: Co-Investigator (PIs: Peter Gutierrez, Ph.D. & Thomas Joiner, Ph.D.)

Total Awarded = \$30,000,000

2007-2011 National Heart, Lung and Blood Institute

Biobehavioral Precipitating Factors in Heart Failure

Role: Consultant (PI: David Krantz, Ph.D.)

Total Awarded = \$2,296,000

National Institute of Mental Health; Centers for Disease Control and Prevention 2004-2006

Community Based Cognitive Therapy for Suicide Attempters

Role: Research Coordinator (PI: Aaron T. Beck, M.D.)

Total Awarded = \$1,354,432

2004-2006 National Institute of Mental Health; National Institute of Drug Abuse

> Cognitive Therapy for the Prevention of Suicide Role: Co-Investigator (PI: Aaron T. Beck, M.D.)

Total Awarded = \$2,923,287

National Institute of Neurological Disorders and Stroke 2000-2001

> Favorable Outcome in Ischemic Stroke Survivors Role: Research Coordinator (PI: Lynn Grattan, Ph.D.)

Total Awarded = \$101,500

# PENDING RESEARCH SUPPORT

2009-2014 National Institute of Mental Health

> Cognitive Therapy for Suicidal Older Men Role: Consultant (PI: Gregory K. Brown, Ph.D.)

2010-2013 USAMRMC Defense Medical Research and Development Program

> Reducing Barriers to Help Seeking for Mental Health Problems Role: Scientific Advisory Committee Member (PI: David Litts, O.D.)

# SCIENTIFIC ADVISORY BOARDS

2010-Present Chair, North Atlantic Treaty Organization (NATO) Research Task Group

International Military Suicide

2009-Present Member, Defense Health Board Task Force

Prevention of Suicide by Members of the Armed Forces

Co-Chair, North Atlantic Treaty Organization (NATO) Exploratory Team 2009-2010

International Military Suicide

# PEER-REVIEWED PUBLICATIONS

Wilson, M., Sun, C., Ghahramanlou, M., & Berns, M. (1998). In vitro and in vivo comparison of argonpumped and diode lasers for photodynamic therapy using second generation photosensitizers. Lasers in Surgery and Medicine, 23, 274-280.

Wilson, M., Ghahramanlou, M., & Berns, M. (1999). Photodynamic activity of Lutetium Texaphrin in a mouse tumor system. Lasers in Surgery and Medicine, 24, 276-284.

Ghahramanlou, M., & Brodbeck, C. (2000). Predictors of secondary trauma in sexual assault counselors. International Journal of Emergency Mental Health, 2(4), 229-240.

Ghahramanlou-Holloway, M., Wenzel, A., Lou, K., & Beck, A. T. (2007). Differentiating cognitive content between depressed and anxious outpatients. Cognitive Behaviour Therapy, 36, 170-178.

Bhar, S., Ghahramanlou-Holloway, M., Brown, G., & Beck, A. T. (2008). Self-esteem and suicide ideation in psychiatric outpatients. Suicide and Life Threatening Behavior, 38(5), 511-516.

Nademin, E., Jobes, D. A., Pflanz, S. E., Jacoby, A. M., Ghahramanlou-Holloway, M., Joiner, T., Wagner, B. M., & Johnson, L. (2008). An investigation of interpersonal-psychological variables in Air Force suicides: A controlled-comparison study. Archives of Suicide Research, 12(4), 309-326.

Joe, S., Woolley, M. E., Brown, G., Ghahramanlou-Holloway, M., & Beck, A. T. (2008). Psychometric properties of the Beck Depression Inventory-II in African-American suicide attempters. Journal of Personality Assessment, 90(5), 521-523.

Martin, J., Ghahramanlou-Holloway, M., Lou, K., & Tucciarone, P. (2009). A comparative review of U.S. military and civilian suicide behavior: Implications for OEF/OIF suicide prevention efforts. Journal of Mental Health Counseling, 31(2), 101-118.

Tomak, S. L., Wechsler, F. S., Ghahramanlou-Holloway, M., Virden, T. B., & Nademin, M. E. (2009). An empirical study of the personality characteristics of internet sex offenders. Journal of Sexual Aggression, 15, 139-148.

Stirman, S. W., Brown, G. K., Gharamanlou-Holloway, M., Fox, A., Chohan, M., & Beck, A. T. (in press). Participation bias among suicidal adults in a randomized controlled trial. Suicide and Life-Threatening Behavior.

Ghahramanlou-Holloway, M., Cox, D., & Greene, F. (in press). Post-admission cognitive therapy: A brief intervention for psychiatric inpatients admitted after a suicide attempt. Cognitive and Behavioral Practice.

Ghahramanlou-Holloway, M., Cox, D., Fritz, L., & George, B. (in press). An evidence informed guide for working with military women and veterans. Professional Psychology: Research and Practice.

Cox, D., Ghahramanlou-Holloway, M., Szeto, E., Greene, F., Engel, C., Wynn, G., Bradley, J., & Grammer, G. (in press). Gender differences in documented trauma histories: Inpatients admitted to a military psychiatric unit for suicide-related thoughts or behaviors. Journal of Nervous and Mental Disease.

# MANUSCRIPTS UNDER EDITORIAL REVIEW OR IN REVISION

Dennis, J., Ghahramanlou-Holloway, M., Cox, D., & Brown, G. (submitted). Rehabilitation of Suicidal Brain Injured Patients: A Guide for Assessment and Management

Ghahramanlou-Holloway, M., Bhar, S., Brown, G., Cox, D., Olsen, C., & Beck, A. T. (submitted). Changes in problem solving appraisal after cognitive therapy for the prevention of suicide.

Ghahramanlou-Holloway, M., Wiltsey-Stirman, S., Salsman, N., Cox, D., Martin, J., Brown, G., & Beck, A. T. (revise & resubmit). Improving patient and study therapist retention in clinical trials with suicidal patients.

Ghahramanlou-Holloway, M., Cox, D., Werbel, A., Lou, K., Kochanski, K., Szeto, E., & Greene, F. (submitted). Impact of a primary suicide prevention program on Non-Commissioned United States Marine Corps Officers with or without a history of exposure to suicide.

Greene, F., Wagner, B., Cox, D., Kochanski, K., & Ghahramanlou-Holloway, M. (submitted). How parental reactions change in response to adolescent suicide attempt.

Martin, J., Ghahramanlou-Holloway, M., Nademin, E., Englert, D., Jobes, D., Branlund, S., & Olsen, C. (submitted). Suicide in the United States Air Force: Marital status, life stressors, and communication of distress.

Sterling, G., Ghahramanlou-Holloway, M., Cox, D., Kochanski, K., & Schendel, C. (submitted). Male gender role conflict and suicide-related behaviors: A review of the literature and conceptual model to inform suicide prevention efforts.

### **GOVERNMENT REPORTS**

Department of Defense Task Force on the Prevention of Suicide by Members of the Armed Forces. (2010). The challenge and the promise: Strengthening the force, preventing suicide and saving lives. Washington, DC.

Army Study to Assess Risk and Resilience in Servicemembers DoDSER Workgroup. (2010). Army and Department of Defense Suicide Event Report Systems (ASER/DoDSER): Initial review and recommendations by Army STARRS.

### **BOOK CHAPTERS**

Schaefer, C., Jacobson, H., & Ghahramanlou, M. (2000). Play group therapy for social skills deficit in children. In H. G. Kaduson & C. E. Schaefer (Eds.), Short-term play therapy for children. New York: Guilford Press.

Grattan, L., & Ghahramanlou, M. (2002). The rehabilitation of neurologically based social disturbances. In P. J. Eslinger (Ed.), Neuropsychological interventions: Clinical research and practice. New York: Guilford Press.

Ghahramanlou-Holloway, M., Brown, G. K., & Beck, A. T. (2008). Suicide. In M. Whisman (Ed.), Adapting cognitive therapy for depression: Managing complexity and comorbidity. New York: Guilford.

# COMMENTARIES AND ENCYCLOPEDIA ENTRIES

Ghahramanlou-Holloway, M. (2010). Lessons learned from a soldier's suicide in Iraq. A response to Russell Carr [Peer commentary on the journal article "When a solider commits suicide in Iraq: Impact on unit and caregivers"]. Psychiatry: Interpersonal and Biological Processes, x, xx-xx.

Ghahramanlou-Holloway, M. (2006). Meta-Analysis. In N. J. Silkind (Ed.), Encyclopedia of Measurement And Statistics. Thousand Oaks, CA: Sage Publications.

Ghahramanlou-Holloway, M. (2006). Abstracts. In N. J. Silkind (Ed.), Encyclopedia of Measurement and Statistics. Thousand Oaks, CA: Sage Publications.

Ghahramanlou-Holloway, M. (2006). American Doctoral Dissertations. In N. J. Silkind (Ed.), Encyclopedia of Measurement and Statistics. Thousand Oaks, CA: Sage Publications.

Ghahramanlou-Holloway, M. (2006). Centers for Disease Control. In N. J. Silkind (Ed.), Encyclopedia of Measurement and Statistics. Thousand Oaks, CA: Sage Publications.

Ghahramanlou-Holloway, M. (2006). Psychological Abstracts. In N. J. Silkind (Ed.), Encyclopedia of Measurement and Statistics. Thousand Oaks, CA: Sage Publications.

Lou, K., & Ghahramanlou-Holloway, M. (2006). PsycINFO. In N. J. Silkind (Ed.), Encyclopedia of Measurement and Statistics. Thousand Oaks, CA: Sage Publications.

Ghahramanlou-Holloway, M., & Lou, K. (2006). Beck Depression Inventory. In N. J. Silkind (Ed.), Encyclopedia of Measurement and Statistics. Thousand Oaks, CA: Sage Publications.

# **BOOK REVIEWS**

Ghahramanlou-Holloway, M. (2007). Book essay and review: Comprehensive handbook of personality and psychopathology: Personality and everyday functioning. Cognitive Behavioral Therapy Book Reviews, 3(10).

#### MANUSCRIPTS IN PREPARATION

Currier, G., Stanley, B., Brown, G., Brenner, L., & Ghaharamanlou-Holloway, M. (in preparation). An intervention for acute suicide in Veterans and active military personnel: SAFEVET and SAFEMIL. Invited submission for the Journal of Psychiatric Practice.

Ireland, B., Bates, M., & Ghahramanlou-Holloway, M. (in preparation). Department of Defense's response to reduce suicide in active duty military personnel. Invited submission for book chapter, Military Medicine.

Ghahramanlou-Holloway, M., Nademin, E., Martin, J., Englert, D., Jobes, D., Branlund, S., Olsen, C., & Kochanski, K. (in preparation). Predictors of helping service utilization 1-month and 12-months prior to suicide in a sample of United States Air Force personnel.

Ghahramanlou-Holloway, M., Kochanski, K., Lou, K., Nademin, E., Cox, D., Sterling, G., Olsen, C., Rutstein, D., Englert, D., & Jobes, D. (in preparation). A comparative study of United States Air Force suicide decedents with or without a documented history of attempted suicide.

Cox, D., Ghahramanlou-Holloway, M., Branlund, S., Nademin, E., Jobes, D., Englert, D., Greene, F., & Bakalar, J. (in preparation). Interpersonal and intrapersonal themes of communication prior to suicide in a sample of deceased United States Airmen.

Kochanski, Ghahramanlou-Holloway, M., Greene, F., & Sterling, G. (in preparation). Expressed emotion and the recurrence of suicide-related ideation and behaviors: A review and conceptual model.

# INVITED PROFESSIONAL PRESENTATIONS AND COLLOQUIA

Ghahramanlou-Holloway, M. (2011, April). Deployment-related factors, mental health, and suicide: Review of the literature. Invited paper presentation at the NATO Human Factors and Medicine Panel on Mental Health and Well-Being Across the Military Spectrum, Bergen, Norway.

Ghahramanlou-Holloway, M. (2011, March). Combat related trauma and suicide: Concepts of therapy. Invited presentation at the 6th Aeschi Conference, Patient-oriented concepts of suicide: Trauma and suicide, organized by University Psychiatric Hospital Bern.

Ghahramanlou-Holloway, M. (2011, March). Cognitive behavioral practices for the management of suicide-related behaviors. Invited presentation at the DoD/VA Suicide Prevention Conference, Boston, MA.

Ghahramanlou-Holloway, M. (2011, March). Never Leave a Marine Behind Program: Preliminary program evaluation findings. Invited presentation at the DoD/VA Suicide Prevention Conference, Boston, MA.

Ghahramanlou-Holloway, M. (2010, October). Are my family and I at risk for suicide? Invited presentation at the 2<sup>nd</sup> Annual Military Suicide Survivors Conference, Tragedy Assistance Program for Survivors, Arlington, VA.

Ghahramanlou-Holloway, M., & Bradley, J. (2010, August). Suicide risk assessment and management in acute care settings. Invited presentation to Medical Residents at the Department of Psychiatry, Walter Reed Army Medical Center, Washington, DC.

Brenner, L., Gallagher, M., Ghahramanlou-Holloway, M., Scott, C., & Werbel, A. (2010, April). Suicide loss and the military. Invited presentation\* in symposium moderated by Franklin Cook at the annual meeting of the American Association of Suicidology, Orlando, FL.

Ghahramanlou-Holloway, M. (2010, April). Post admission cognitive therapy (PACT). Invited presentation at the Department of Defense Suicide Prevention Research Program Working Group, Frederick, MD.

Ghahramanlou-Holloway, M., Brown, G. (2010, April). A brief intervention to reduce suicide risk in military service members and veterans. Invited presentation at the Department of Defense Suicide Prevention Research Program Working Group, Frederick, MD.

Ghahramanlou-Holloway, M. (2010, January). <u>Inpatient cognitive behavioral approach for the treatment of</u> suicide attempt behavior in military service members and families. Invited presentation at the Defense Centers of Excellence sponsored annual meeting of the DoD/VA Suicide Prevention Conference, Washington DC.

Ghahramanlou-Holloway, M. (2009, December). Cognitive therapy for adult suicide attempters. Invited lecture provided for Suicide as a Public Health Problem course offered at the Johns Hopkins School of Public Health, Department of Mental Health, Baltimore, MD.

Written presentation was provided due to unexpected absence.

Ghahramanlou-Holloway, M. (2009, November). In search of evidence for best practices in suicide prevention. Invited presentation at the Medical and Clinical Psychology Colloquium Series at Uniformed Services University, Washington, DC.

Ghahramanlou-Holloway, M. (2009, October). Inpatient post admission cognitive therapy (PACT) for the prevention of suicide attempts. Selected as 1 of 6 grant recipients to give an invited presentation at the National Alliance for Research on Schizophrenia and Depression (NARSAD) 21st Annual New York City Mental Health Research Symposium, New York, NY.

Ghahramanlou-Holloway, M. (2009, September). Generalizability of PTSD cognitive behavioral psychotherapy clinical trials for traumatized individuals with suicide behavior. Invited presentation at the Military Health Research Forum, Kansas City, MO.

Ghahramanlou-Holloway, M. (2009, June). Suicide investigation, assessment, and mitigation. Invited presentation at the Walter Reed Army Medical Center, Forensic Psychology Service, Washington, DC.

Ghahramanlou-Holloway, M. (2009, March). Cognitive behavioral assessment and treatment of suicide behavior. Invited ½ day training workshop for military healthcare providers offered at the Center for Deployment Psychology, Bethesda, MD.

Ghahramanlou-Holloway, M. (2009, February). Primary care based cognitive behavior therapy for PTSD and suicide ideation. Invited presentation at the Suicide Strategic Meeting organized by Dr. Marsha Linehan, University of Washington, Seattle, WA.

Ghahramanlou-Holloway, M. (2009, January). Cognitive behavioral assessment and treatment of suicide behavior. Invited ½ day training workshop for military healthcare providers offered at the Center for Deployment Psychology, Bethesda, MD.

Ghahramanlou-Holloway, M. (2009, January). Programmatic research in military suicide prevention. Invited presentation at the Defense Centers of Excellence sponsored DoD/VA Suicide Prevention Conference, San Antonio, TX.

Ghahramanlou-Holloway, M. (2008, December). Cognitive behavior therapy for the prevention of suicide. Invited web interview & lecture presented for Suicide as a Public Health Problem course offered at the Johns Hopkins School of Public Health, Department of Mental Health, Baltimore, MD.

Ghahramanlou-Holloway, M. (2008, December). Cognitive behavior therapy after attempted suicide: Possible mechanisms of change. Invited presentation at the Medical and Clinical Psychology Colloquium Series at Uniformed Services University, Washington, DC.

Ghahramanlou-Holloway, M. (2008, October). Recommendations for the Marine Corps suicide prevention program. Invited as 1 of 2 suicide prevention experts to provide policy recommendations to the Marine Corps leadership at the Executive Safety Board Meeting, Quantico, VA.

Ghahramanlou-Holloway, M. (2008, October). Cognitive behavioral assessment and treatment of suicide behavior. Invited ½ day training workshop for military healthcare providers offered at the Center for Deployment Psychology, Bethesda, MD.

Ghahramanlou-Holloway, M. (2008, July). Cognitive behavioral assessment and treatment of suicide behavior. Invited ½ day training workshop for military healthcare providers offered at the Center for Deployment Psychology, Bethesda, MD.

Ghahramanlou-Holloway, M. (2008, April). Building a program of research in military suicide prevention. Invited presentation at the annual meeting of the Military Suicide Prevention Conference, San Diego, CA.

Ghahramanlou-Holloway, M. (2008, March). Cognitive behavior therapy for the prevention of suicide. Invited lecture presented for Suicide as a Public Health Problem course offered at the Johns Hopkins School of Public Health, Department of Mental Health, Baltimore, MD.

Kaminsky, S., Beutler, A., Ghahramanlou-Holloway, M., Stephens, M. & Tanofsky-Kraff, M. (2008, February – March). Tricks of the trade: A short course in grant writing for clinicians. Invited presenter at the Faculty Development workshop presented at the Uniformed Services University of the Health Sciences, Bethesda, MD.

Ghahramanlou-Holloway, M. (2008, January). Prevention of suicide in the United States military. Invited presentation at the Clinical Psychology Colloquium Series at American University, Washington, DC.

Ghahramanlou-Holloway, M. (2008, January). Post admission cognitive therapy (PACT) for the prevention of suicide. Invited presentation at the Medical and Clinical Psychology Colloquium Series at Uniformed Services University, Washington, DC.

Gharamanlou-Holloway, M., Brown, G., Bhar, S., & Beck, A. T. (2007, December). Cognitive therapy for the prevention of suicide. Invited 2-day training workshop presented to Veterans Administration Suicide Prevention Coordinators at the University of Pennsylvania, Philadelphia, PA.

Ghahramanlou-Holloway, M. (2007, March). Cognitive therapy for suicide attempters. Invited presentation at the Department of Defense Military Suicide Prevention Conference, Hollywood, FL.

Ghahramanlou-Holloway, M. (2007, February). Cognitive therapy for adult suicide attempters. Invited lecture presented for Suicide as a Public Health Problem course offered at the Johns Hopkins School of Public Health, Department of Mental Health, Baltimore, MD.

Ghahramanlou-Holloway, M. (2007, January). Building a program of research in suicide prevention. Invited presentation at the Medical and Clinical Psychology Colloquium Series at Uniformed Services University, Washington, DC.

Ghahramanlou-Holloway, M. (2006, October). Adaptation of cognitive therapy for inpatient treatment of suicidal military personnel. Invited presentation at the Suicide Strategic Planning Meeting organized by Dr. Marsha Linehan, University of Washington, Seattle, WA.

Ghahramanlou-Holloway, M. (2005, December). Psychotherapy outcome research. Invited presentation at the Medical and Clinical Psychology Colloquium Series at Uniformed Services University, Washington, DC.

Ghahramanlou-Holloway, M. (2005, December). <u>Case presentation: Cognitive therapy for an adult suicide</u> attempter. Invited case presentation at the Medical and Clinical Psychology Colloquium Series at Uniformed Services University, Washington, DC.

Ghahramanlou-Holloway, M. (2005, April). Community based cognitive therapy for suicide attempters. Training workshop presented at the University of Pennsylvania, Department of Psychiatry, PA for COMHAR, Inc. community mental health personnel.

Ghahramanlou-Holloway, M., & Brown, G. K. (2004, October). Cognitive therapy protocol for the treatment of suicide attempters. Training workshop presented at the Hall Mercer Community Mental Health Center, Philadelphia, PA.

Ghahramanlou, M. (2001, September). September 11th. Invited discussant at the Faculty Forum, Community College of Baltimore County, MD.

Ghahramanlou, M. (2001, February). Addiction and familial functioning. Training provided at the Springfield Hospital Center Mentally Ill Substance Abuse (MISA) Psychoeducation Program, Sykesyille, MD.

Ghahramanlou, M. (2000, October). The impact of addictive behaviors on interpersonal relationships. Training provided at the Springfield Hospital Center Mentally Ill Substance Abuse (MISA) Psychoeducation Program, Sykesville, MD.

Ghahramanlou, M. (2000, June). A historical account of psychosurgery. Invited presentation at the Department of Neuropsychology, University of Maryland Medical System, Baltimore, MD.

Ghahramanlou, M. (1994, 1995, 1996, November). Cross-cultural issues in rape crisis counseling. Invited presentation at the annual training of the Sexual Assault Victim Services Program, Irvine, CA.

# NATIONAL AND INTERNATION CONFERENCE PRESENTATIONS

Ghahramanlou-Holloway, M., Cary, M., Cox, D. W., Greene, F. N., George, B., Kochanski, K. M., Sterling, A. G., & Szeto, E. H. (2010, November). A medical simulation center training model in cognitive behavior therapy. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, San Francisco, CA.

Cox, D. W., Greene, F. N., Szeto, E. H., & Ghahramanlou-Holloway, M. (2010, November). Post Admission Cognitive Therapy (PACT): Two pilot trials. Paper presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, San Francisco, CA.

Greene, F. N., Wagner, B. M., Cox, D. W., & Ghahramanlou-Holloway, M. (2010, April). Maternal reactions to adolescent suicide attempt behavior. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Orlando, FL.

Martin, J. S., Greene, F. N., Kochanski, K., Fritz, E. C., Sterling, A. G., Szeto, E. H., & Ghahramanlou-Holloway, M. (2010, April). Helping services utilization prior to death in a sample of United States Air Force suicide decedents. Poster presented at the annual meeting of the American Association of Suicidology, Orlando, FL.

Martin, J. S., Ghahramanlou-Holloway, M., Nademin, M., Olsen, C., Branlund, S., Englert, D., & Jobes, D. (2010, April). Suicide in the United States Air Force: Relationship among marital status, life stressors and communication of distress. Paper presented at the annual meeting of the American Association of Suicidology, Orlando, FL.

Cox, D. W., Ghahramanlou-Holloway, M., Rutstein, D., Greene, F. N., Kochanski, K. M., Branlund, S., Martin, J. S., Sterling, A. G., & Grammer, G. (2010, March). Types of trauma history: Differences and similarities between male and female soldiers admitted to an inpatient psychiatric unit. Poster Presented at the annual meeting of the Anxiety Disorders Association of America, Baltimore, MD.

Ghahramanlou-Holloway, M., Cox, D. W., Rutstein, D., Greene, F. N., Fritz, E. C., Lou, K. E., Szeto, E. H., Wynn, G., Bradley, J., & George, B. (2010, March). Documented traumatic life events for suicide related admissions at a military hospital. Poster presented at the annual meeting of the Anxiety Disorders Association of America, Baltimore, Maryland.

Ghahramanlou-Holloway, M., & Fritz, Elisabeth. (2009, September). Generalizability of PTSD cognitive behavioral psychotherapy clinical trials for traumatized individuals with suicide behavior. Poster presented at the meeting of the Military Health Research Forum, Kansas City, MO.

Bhar, S., Ghahramanlou-Holloway, M., Spokas, M., Wenzel, A., Brown, G., Beck, A. T., Zembroski, S., Wiltsey-Stirman, S., McCray, L., & Fox, A. (2008, November). Bringing suicide research to community settings: Recruitment and participation issues. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Branlund, S., Martin, J., George, B., Lou, K., Yeargin, M. K., & Ghahramanlou-Holloway, M. (2008, August). Review of suicide death investigation methodology. Poster presented at the annual meeting of the American Psychological Association, Boston, MA.

Ghahramanlou-Holloway, M., Bhar, S., Brown, G., Yeargin, M. K., & Beck. A. T. (2008, August). Problemsolving as a mechanism of change in cognitive therapy. Poster presented at the annual meeting of the American Psychological Association, Boston, MA.

Werbel, A., Pflanz, S., Ghahramanlou-Holloway, M., & Moore, M. (2008, August). Frontline supervisor training: A new half-day course for recognizing and responding to service members in distress in the U.S. Marine Corps and U.S. Air Force. Paper presented at the annual meeting of the European Symposium on Suicide and Suicidal Behaviour, Glasgow, Scotland.

Yeargin, M. K., Martin, J., Branlund, S., Lou, K., Ghahramanlou-Holloway, M., & Bhar, S. (2008, August). Recommendations for primary care management of suicide behavior. Poster presented at the annual meeting of the American Psychological Association, Boston, MA.

Ghahramanlou-Holloway, M. (2008, June). Cognitive treatment protocol for the prevention of suicide. Paper presented at the annual meeting of the International Congress of Psychotherapy, Rome, Italy.

Yeargin, M. K., & Ghahramanlou-Holloway, M. (2008, June). Treatment of individuals with suicide behavior and substance disorders. Poster presented at the annual meeting of the International Congress of Psychotherapy, Rome, Italy.

Bhar, S. S., Ghahramanlou-Holloway, M., Brown, G., & Beck, A. T. (2007, November). Self-esteem and suicide ideation: Beyond depression and hopelessness. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Martin, J., & Ghahramanlou-Holloway, M. (2007, May). Military suicide: Rates, risk, and resilience. Poster presented at the annual research day, Uniformed Services University, Bethesda, MD.

Martin, J., & Ghahramanlou-Holloway, M. (2007, March). Military suicide: Rates, risk, and resilience. Poster presented at the annual meeting of the Eastern Psychological Association, Philadelphia, PA.

Franz, V., & Ghahramanlou-Holloway, M. (2007, February). A review of fatal and nonfatal suicide behavior in the military. Poster presented at the World Congress on Stress, Trauma, & Coping, International Critical Stress Foundation, Baltimore, MD.

Ghahramanlou-Holloway, M. Cognitive therapy of suicide attempters. (2005, November). In G. Brown (Chair), Intervention strategies for suicide ideators and attempters. Clinical roundtable presented at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC.

Ghahramanlou-Holloway, M., Lou, K., Wenzel, A., & Beck, A. T. (2005, November). Differentiating cognitive content between depressed and anxious patients. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Washington, DC.

Ghahramanlou-Holloway, M., & Brown, G. K. (2005, September). Cognitive therapy protocol procedures for the treatment of adult suicide attempters. Workshop presented at Mercy Hospital, Philadelphia, PA.

Ghahramanlou-Holloway, M. Current status and treatment of women in Iran. (2005, August). In M. Gibbs (Chair), Ethnicity and treatment of women: Stereotypes and reality. Symposium presented at the annual meeting of the American Psychological Association, Washington, DC.

Ghahramanlou-Holloway, M., Hsu, L., Lachenmeyer, J., Gibbs, M., & Reddy, L. (2005, August). Cognitive behavioral treatment efficacy for anxiety disorders: A meta-analytic review. Poster presented at the annual meeting of the American Psychological Association, Washington, DC.

Brodbeck, C., Ghahramanlou, M. (2003, November). Previous experiences with discrimination as a factor in post 9/11 risk estimates, behavioral avoidance, and health status. Poster presented at the annual meeting of the Asociation for Advancement of Behavior Therapy, Boston, MA.

Grattan, L., Kabitsi, N., Ghahramanlou, M., Vaughan, C., Wozniak, M., Kittner, S., Price, T. (2002, February). The influence of coping strategy upon depression and personality adjustment after ischemic stroke. Poster presented at the annual meeting of the American Heart Association International Stroke Conference, San Antonia, TX.

Ghahramanlou, M., Brodbeck, C., Hulbert, D. G., Johnson, S., & Soffer, S. (2001, November). Involvement of the spouse in the treatment of anxiety disorder patients. In D. G. Hulbert (Chair), For better or for worse: Enhancing treatment outcome through spousal involvement. Symposium conducted at the annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.

Grattan, L., Ghahramanlou, M., Aronoff, J., Wozniak, M., Kittner, S., Price, T. (2001, February). An empirical study of personality change after stroke. Paper presented at the annual meeting of the American Heart Association International Stroke Conference, Fort Lauderdale, FL.

Ghahramanlou, M., Gibbs, M., Maurer, K., & Ferraro, L. (2000, August). Trauma and psychological functioning in severe mental illness. Poster presented at the annual meeting of the American Psychological Association, Washington, DC.

Ghahramanlou, M. (2000, March). Assessment and treatment of anxiety disorders in the elderly. Paper presented at the annual meeting of the Anxiety Disorders Association of America, Washington, DC.

Gibbs, M., Maurer, K., Ghahramanlou, M., & Marvin, S. (2000, March). Trauma and the personal solving system (PPSS) in severe mental illness. Paper presented at the annual meeting of the Society of Personality Assessment, Arlington, VA.

Ghahramanlou, M., Humke, C., Lachenmeyer, J., Uccello, R., Beckstein, C., DiGiacopo, et al. (1999, November). Gender differences in anxiety profiles of panic and generalized anxiety outpatients. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Toronto, Canada. Bleier, D., Atar, H., Ghahramanlou, M., Uccello, R., Beckstein, C., & Lachenmeyer, J. (1999, May). Anxiety disorders and the 5 factor model of personality. Poster presented at the annual meeting of the American Psychiatric Association, Washington, DC.

Ghahramanlou, M., Beckstein, C., Uccello, R., DiGiacopo, S., Spinowitz, F., & Lachenmeyer, J. (1999, May). Somatization in a sample of panic and obsessive-compulsive disorder outpatients. Poster presented at the annual meeting of the American Psychiatric Association, Washington, DC.

Atar-Greenfield, H., Bleier, D., Beckstein, C., DiGiacopo, S., & Ghahramanlou, M. (1999, April). A correlation between the Yale-Brown Obsessive Compulsive Scale (Y-BOCS) and the Global Assessment of Functioning (GAF). Poster presented at the annual meeting of the Eastern Psychological Association, Providence, R.I.

Beckstein, C., DiGiacopo, S., Lachenmeyer, J., Uccello, R., Ghahramanlou, M., & Spinowitz, F. (1999, April). Important issues in the cognitive behavioral group treatment of panic disorder. Poster presented at the annual meeting of the American Orthopsychiatric Association, Arlington, VA.

Ghahramanlou, M., & Humke, C. (1999, April). Effects of OCD on familial and marital functioning. Poster presented at the annual meeting of the American Orthopsychiatric Association, Arlington, VA.

DiGiacopo, S., Beckstein, C., Uccello, R., & Ghahramanlou, M. (1999, April). Clinical issues in the group treatment of panic disorder. Poster presented at the annual meeting of the Eastern Psychological Association, Providence, R.I.

Ghahramanlou, M., Lachenmeyer, J., Humke, C., Uccello, R., Beckstein, C., DiGiacopo, S., & Spinowitz, F. (1999, April). Marital functioning in patients with bulimia nervosa. Poster presented at the annual meeting of the American Orthopsychiatric Association, Arlington, VA.

Humke, C., Ghahramanlou, M., & Lachenmeyer, J. (1999, April). Adjustment issues facing partners of breast cancer patients. Poster presented at the annual meeting of the American Orthopsychiatric Association, Arlington, VA.

Humke, C., & Ghahramanlou, M., & Lachenmeyer, J. (1999, April). Cognitive behavioral group treatment of breast cancer patients. Poster presented at the annual meeting of the American Orthopsychiatric Association, Arlington, VA.

Ghahramanlou, M. (1999, March). Obsessive compulsive disorder and comorbid bulimia nervosa. Paper presented at the annual meeting of the Anxiety Disorders Association of America, San Diego, CA.

Ghahramanlou, M., Lachenmeyer, J., & Humke, C. (1999, March). The treatment of anxiety in the families of adult cancer patients. Paper presented at the annual meeting of the Association of Anxiety Disorders of America, San Diego, CA.

Beckstein, C., Ghahramanlou, M., Lachenmeyer, J., DiGiacopo, S., Uccello, R., & Shack, A. (1998, November). Level of functioning in adults with obsessive compulsive disorders. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC.

Ghahramanlou, M., & Brodbeck, C. (1998, November). Predictors of secondary trauma in sexual assault counselors. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC.

Ghahramanlou, M., Uccello, R., & Lachenmeyer, J. (1998, November). Behavioral treatment of body dysmorphic disorder. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC.

Beckstein, C., Ghahramanlou, M., Lachenmeyer, J., DiGiacopo, S., Uccello, R., & Shack, A. (1998, May). Assessment of obsessive compulsive disorders. Poster presented at the annual meeting of the American Psychiatric Association, Toronto, Canada.

Ghahramanlou, M., Beckstein, C., Lachenmeyer, J., Uccello, R., & Shack, A. (1998, May). Self-reported levels of distress in a sample of obsessive compulsive disorder outpatients. Poster presented at the annual meeting of the American Psychiatric Association, Toronto, Canada.

Ghahramanlou, M., Lachenmeyer, J., Shack, A., Uccello, R., & Humke, C. (1998, March). Involvement of the spouse in treatment of adult obsessive-compulsive disorder. Paper presented at the annual meeting of the Anxiety Disorders Association of America, Boston, MA.

Ghahramanlou, M., Lachenmeyer, J., Uccello, R., & Shack, A. (1998, March). Comorbid medical conditions in panic disorder patients. Poster presented at the annual meeting of the American Orthopsychiatric Association Meeting, Washington, DC.

Ghahramanlou, M., Lachenmeyer, J., Uccello, R., & Shack, A. (1998, March). Clinical issues in the treatment of borderline patients with OCD. Poster presented at the annual meeting of the American Orthopsychiatric Association Meeting, Washington, DC.

Ghahramanlou, M., & Brodbeck, C. (1996, March). Vicarious trauma in sexual assault counselors. Poster presented at the annual meeting of the Western Psychological Association, San Francisco, CA.

#### RESEARCH EXPERIENCE

### 2006-Present

# Principal Investigator, Suicide Behavior and Prevention Laboratory

Uniformed Services University of Health Sciences, Dept of Medical & Clinical Psychology, Bethesda, MD Duties: Conduct programmatic research in the following areas: a) risk/protective factors for suicide-related ideation and behaviors in US military personnel; b) development of inpatient cognitive behavior therapy and safety planning for the treatment of suicide-related ideation and behaviors; c) randomized controlled psychotherapy trials for the prevention of suicide related thoughts and behaviors; d) program evaluation of military suicide prevention programs; and e) family response and functioning post suicide-related events.

#### 2005-2006 Research Associate

University of Pennsylvania, Department of Psychiatry, Philadelphia, PA Duties: Co-investigator of NIMH/CDC/NIDA funded (P20) developing center on interventions for the prevention of suicide. Project director for an NIMH/CDC funded randomized controlled trial (R01) of cognitive therapy for suicide attempters. Handled daily study operations; provided crisis management; recruited community mental health centers and emergency departments as collaborators; trained & supervised study therapists and assessors including postdoctoral fellows; prepared grant progress reports, IRB submissions, scholarly manuscripts, and procedural manuals.

Supervisors: Aaron T. Beck, M.D., University Professor of Psychiatry Gregory K. Brown, Ph.D., Research Associate Professor

#### 2004-2005 Postdoctoral Research Fellow

University of Pennsylvania, Department of Psychiatry, Philadelphia, PA

Duties: Project director for an NIMH/CDC funded randomized controlled trial (R01) examining the efficacy and effectiveness of cognitive therapy for adult suicide attempters.

Supervisor: Aaron T. Beck, M.D., University Professor of Psychiatry

#### 1999-2000 Research Coordinator

University of Maryland Medical System, Department of Neurology, Baltimore, MD

Duties: Project director for NIH funded research on favorable outcomes in stroke patients. Recruited participants, planned budget, managed regulatory documents, conducted neuropsychological testing and phone follow-up interviews, maintained study database. Supervisor: Lynn Grattan, Ph.D., Director of Neuropsychology Department

#### 1996-1999 Research Extern

North Shore University Hospital, Department of Psychiatry, Manhasset, NY

Duties: Planned and executed research studies on mood and anxiety disorders.

Supervisor: Juliana Lachenmeyer, Ph.D., Program Director

#### 1996-1999 Research Assistant

Fairleigh Dickinson University, Department of Psychology, Teaneck, NJ

Duties: Planned research projects on schizophrenia, trauma, and environmental stress.

Supervisor: Margaret Gibbs, Ph.D., Director of Clinical Training

#### Research Assistant - Laboratory Technician 1993-1996

Beckman Laser Institute and Medical Clinic, Irvine, CA

Duties: Conducted cell, tissue, and animal experiments for funded investigations on photodynamic therapy for the treatment of malignant tumors and port-wine stains. Supervisors: Marie Wilson, M.S. and Chung-Ho Sun, Ph.D., Research Analysts Stuart Nelson, M.D., Ph.D., Associate Director

#### **CLINICAL EXPERIENCE**

#### 2003-Present **Outpatient Therapist – Private Clinical Practice**

Columbia (2003-2006) & Chevy Chase (2006-Present), MD Duties: Maintain a weekly caseload of 10-12 patients.

#### 2004-2006 **Outpatient Therapist**

University of Pennsylvania, Center for Cognitive Therapy, Philadelphia, PA

Duties: Provided cognitive therapy to individuals with various psychiatric diagnoses. Supervisor: Cory F. Newman, Ph.D., Director, Center for Cognitive Therapy

#### 2000-2002 Psychology Associate

Saint Luke Institute, Silver Spring, MD

Duties: Provided assessment and psychotherapy to Catholic clergy with the primary

diagnoses of sexual and/or substance-related disorders.

Supervisor: Lisa Drexler, Ph.D., Director of Outpatient Services

#### 2000-2001 Psychology Intern - Rotation Placement

Medical Services for the Circuit Court of Baltimore City, Baltimore, MD

Duties: Prepared forensic evaluations for the Circuit Court - Custody/Visitation, Pre-Trial,

Pre-Sentence, Competency & Responsibility, Waiver/Transfer of Jurisdiction.

Supervisor: Larry Heller, Ph.D., Forensic Psychologist

#### Psychology Intern 2000-2001

Springfield Hospital Center, Sykesville, MD (APA-Approved)

Conducted psychological and forensic assessments; prepared written integrative reports; provided crisis management, individual and group therapy to psychiatric inpatients. Supervisors: Carla Clavelle, Ph.D., Staff Psychologist; Barbara Medine Deluty, Ph.D., Director of Addictions Services; Robert Katz, Ph.D., Acting Director of Intern Training; Francoise Reynolds, Ph.D., Director of Intern Training

#### 1999-2000 Psychologist

Maryland General Hospital, Bryn Mawr Rehabilitation Center, Baltimore, MD

Duties: Conducted psychological testing for outpatient children and adolescents.

Supervisor: Miguel Rodriguez, Ph.D., Director of Psychology

#### 1999-2000 Psychology Associate

NeuroBehavioral Consultants, Columbia, MD

Duties: Conducted neuropsychological testing for children, adolescents, and adults. Supervisors: Vince Cullota, Ph.D. and Tom Baumgardner, Ph.D., Co-Directors

#### Neuropsychology Technician 1999-2000

Clinical & Forensic NeuroScience, Baltimore, MD

Duties: Conducted neuropsychological testing for forensic purposes.

Supervisor: Sue Antell, Ph.D., ABPN, FACPN

#### 1998-1999 **Testing Technician**

Long Island Neuropsychological Consultants, Great Neck, NY

Duties: Conducted neuropsychological testing for children, adolescents, and adults. Supervisors: Stuart Rothman, Ph.D. and Herman Davidovidz, Ph.D., Co-Directors

#### 1997-1999 Psychology Extern - Therapist

Anxiety and Stress Treatment Program at North Shore University Hospital-Cornell University Medical College, Department of Psychiatry, Manhasset, NY

Duties: Provided individual and group cognitive-behavioral assessment and treatment for children, adolescent, and adult outpatients. Supervised junior therapists, provided consultation for non-responsive OCD cases, and conducted home-based exposure therapy for severe agoraphobic and OCD patients.

Supervisor: Juliana Lachenmeyer, Ph.D., Program Director

#### 1997-1998 Social Skills Group Coordinator

Fairleigh Dickinson University, Center for Psychological Services, Hackensack, NJ

Duties: Organized and co-led social skills groups for children and adolescents with developmental, attentional, and behavioral difficulties. Provided psychoeducation groups for parents. Trained and supervised group therapy leaders. Supervisor: Charles Schaefer, Ph.D., Director

#### 1996-1999 Psychology Extern - Therapist

Fairleigh Dickinson University, Center for Psychological Services, Hackensack, NJ

Duties: Conducted psychological, forensic, and neuropsychological evaluations. Provided short- and long-term psychodynamic and cognitive-behavioral interventions for children, adolescents, adults, groups, couples, families, and court-mandated cases.

Supervisors: Andrew Eisen, Ph.D., David Pogge, Ph.D., Neil Massoth, Ph.D., Juliana Lachenmeyer, Ph.D., Judith Kaufman, Ph.D., Robert McGrath, Ph.D., Neal Litinger, Ph.D., Charles Schaefer, Ph.D., Maria Gonzalez, Ph.D.

#### TEACHING EXPERIENCE

# 2006-Present

# Assistant Professor - Tenure Track

Uniformed Services University of Health Sciences, Dept of Medical & Clinical Psychology, Bethesda, MD Duties: Faculty appointment within three doctoral tracks: a) Clinical Psychology, Military Psychology (APA-Approved); b) Clinical Psychology and Medical Psychology (APA-Approved); and c) Medical Psychology. Teach graduate and medical students. Provide mentorship to six doctoral students and four postdoctoral fellows. Function as the Psychology Internship Coordinator. Serve on student thesis and dissertation committees.

# ♦ Graduate Courses

Cognitive Behavior Therapy; Clinical Skills I and II; Case Conference; Seminar

# Other Teaching Activities

Lecture on Mood Disorders – Adult Psychopathology Course

Lecture on Professional Burnout & Suicide – Medical Psychology Course

Lecture on Suicide Risk Assessment & Management – Medical Psychology Course

Lecture on Psychological Assessment – Medical Psychology Course Lecture on Suicide in the Medically Ill – Health Psychology Course

Lecture on History of the Treatment of the Mentally Ill – History & Systems Course

#### 2006-Present

#### **Guest Lecturer**

Johns Hopkins University - Bloomberg School of Public Health

Duties: Provide live and online lectures on cognitive therapy for the treatment of suiciderelated behaviors for the course, "Suicide as a Public Health Problem".

#### 2005-2006 **Adjunct Lecturer**

University of Pennsylvania, Department of Psychology, Philadelphia, PA

Duties: Taught abnormal psychology with an average enrollment of 225 students. Supervisor: Robert DeRubeis, Ph.D., Associate Dean for the Social Sciences

#### 2004-2005 Adjunct Assistant Professor of Psychology

Community College of Baltimore County, Catonsville, MD

Duties: Taught face-to-face & online undergraduate courses in psychology.

Supervisor: Avon Garrett, Ph.D., Dean, Business, Wellness, & Social Sciences Division

#### **Assistant Professor of Psychology** 2001-2004

Community College of Baltimore County, Catonsville, MD

Duties: Taught undergraduate psychology courses (5 per semester, class sizes ranging from 25-40 students), served on college committees, and maintained faculty online presence. Supervisor: Avon Garrett, Ph.D., Dean, Business, Wellness, & Social Sciences Division

#### **Undergraduate Courses**

Abnormal Psychology; Human Relations - Culturally Diverse Society; Introduction to Psychology; Psychology of Adjustment; Personality Theories

#### **♦** Web Courses

Abnormal Psychology; Human Relations; Introduction to Psychology; Personality Theories

#### 1997-1999 **Adjunct Professor**

Fairleigh Dickinson University, Department of Psychology, Teaneck, NJ

Duties: Taught undergraduate psychology courses (1-2 courses per semester, class sizes

ranging in 30-50 students).

Supervisor: Chris Capuano, Ph.D., Department Chair

### ♦ <u>Undergraduate Courses</u>

General Psychology I & II (Introduction to Psychology); Freshman Seminar; Psychology of Love/Interpersonal Relationships; Theories of Personality

#### 1996-1999 **Learning Center Tutor**

Fairleigh Dickinson University, Learning Center, Teaneck, NJ

Duties: Tutored undergraduate and graduate students in psychology, mathematics, statistics (SPSS & SYSTAT), and writing. Provided group workshops for English as a Second

Language students.

Supervisor: Sue Demay, M.A., Program Director

#### 1995-1996 **Graduate Teaching Assistant**

Chapman University, Department of Psychology, Orange, CA

Duties: Assisted undergraduates by providing lecture materials, study skills, and test-taking strategies; graded papers and exams.

Supervisor: Carolyn Brodbeck, Ph.D., Assistant Professor

### ♦ Undergraduate Courses

Introduction to Psychology; Cross-Cultural Psychology

### POSTDOCTORAL FELLOWS SUPERVISED

2010-Present Rachael Lunt, Ph.D. 2010-Present Christina Schendel, Ph.D. 2009-Present Daniel Cox, Ph.D. 2009-Present Farrah Greene, Ph.D.

#### **DOCTORAL STUDENTS SUPERVISED**

2006-Present 1st LT Jeffery Martin, USAF 2008-Present CAPT Shannon Branlund, USAF 1st LT Brianne George, USAF 2008-Present LTJG Kristen Kochanski, USN 2009-Present ENS Graham Sterling, USN 2009-Present

Jennifer Bakalar 2010-Present

# THESES & DISSERTATIONS - CHAIRED

Cofell, L. (in progress). The association between interpersonal relationships and the mental and physical health of postpartum active duty military women. (USUHS Doctoral Dissertation, Clinical Psychology)

George, B. (in progress). Predictors of suicide ideation and attempt behavior in a sample of inpatient military service members. (USUHS Master's Thesis, Clinical Psychology)

Kochanski, K. (in progress). Parental expressed emotion in relation to adolescent suicide attempts as measured by the 5-Minute Speech Sample. (USUHS Master's Thesis, Clinical Psychology)

Sterling, G. (in progress). Military survivors' views on gender role strain and precipitating stressors associated with suicide. (USUHS Master's Thesis, Clinical Psychology)

Martin, J. (2009). Examination of United States Air Force suicide death investigation files. (USUHS Master's Thesis, Clinical Psychology)

# **DISSERTATIONS -ADVISED**

Martin, J. (in progress). A cluster analysis typology of suicide in the United States Air Force. (USUHS Doctoral Dissertation, Clinical Psychology)

Branlund, S. (in progress). Deployment-related correlates of suicide behavior in the United States military. (USUHS Doctoral Dissertation, Clinical Psychology)

#### **MASTERS & DISSERTATION - COMMITTEE MEMBER**

Lou, K. (in progress). Healthcare utilization in a sample of military inpatients subsequent to suicide-related hospitalizations. (American University Doctoral Dissertation, Clinical Psychology)

Clark, R. (2010). The role of sexual self-schemas and culture in the sexual problems of menopausal women. (USUHS Doctoral Dissertation, Medical & Clinical Psychology)

Todd, B. (2010). "Which is it fatigue or depressive symptoms? Factors related to cognitive function in occupationally active breast cancer survivors." (USUHS Master's Thesis, Medical & Clinical Psychology)

Calvio, L. (2009). Measurement of cognitive limitations and their relation to work function in breast cancer survivors. (USUHS Doctoral Dissertation, Clinical Psychology)

Harrington, C. (2009). Workstyle, ergonomic, and cortisol response to work demands during computer work: Implications for work-related upper extremity symptoms. (USUHS Doctoral Dissertation, Medical Psychology)

Rogers, H. (2008). Social support, acute coronary syndromes, and heart failure: The role of inflammatory processes. (USUHS Doctoral Dissertation, Medical Psychology)

Branlund, S. (2008). Cortisol responses to perceived stress in depressed individuals and healthy controls. (USUHS Master's Thesis, Clinical Psychology)

#### **EDUCATIONAL GRANTS**

Ghahramanlou, M. Supplemental lecture notes manual and accompanying CD for Introduction to Psychology and Abnormal Psychology. Faculty Learning and Student Development Grant, Community College of Baltimore County, 2003-2004, \$1000.

Ghahramanlou, M. Psychology PowerPoint presentations for Introduction to Psychology. Faculty Learning and Student Development Grant, Community College of Baltimore County, 2002-2003, \$1500.

# **BIOGRAPHICAL LISTING**

2009-2010 Edition of Who's Who for Executives and Professionals

### MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS

Academy of Cognitive Therapy American Association of Suicidology American Psychological Association Anxiety Disorders Association of America Association for Behavioral and Cognitive Therapies Eastern Psychological Association Maryland Psychological Association

# LICENSES, CERTIFICATIONS, & PRIVILEGES

Licensed Psychologist, State of Maryland (License #04126)	2004 – Present
Certified Cognitive Therapist, Academy of Cognitive Therapy	2004 – Present
Credentialed Provider, Walter Reed Army Medical Center	2007 – Present

# **EDITORIAL ACTIVITIES**

Ad Hoc Reviewer

- ◆ American Association of Suicidology Annual Conference Abstracts (2008-2009)
- ♦ American Journal of Cardiology
- ♦ Cognitive Behavioral Therapy Book Reviews
- ♦ City University of New York Collaborative Incentive Research Grant Program (2009)
- ♦ McGraw-Hill
- ♦ Psychosomatic Medicine
- ♦ U.S. Army Center for Health Promotion and Preventive Medicine Scientific Reviewer
- ♦ VA/DoD Clinical Practice Guidelines
  - ✓ Bipolar Disorder
  - ✓ Annotation for Primary Care Management Algorithm
- ♦ Wiley Publishing
- ♦ Worth Publishers

#### **LANGUAGES**

Proficient in Farsi (Persian)

# **PROMOTION & TENURE REVIEW**

External Reviewer for Candidate at John Jay College of Criminal Justice, 2006-2007

# SERVICE - PROFESSIONAL, UNIVERSITY, & COMMUNITY

2010-Present Chair of Research Task Group

North Atlantic Treaty Organization (NATO), International Military Suicide

2009-Present Nominated and Elected Member

Defense Health Board Task Force on Prevention of Suicide in the Armed Forces

2009-Present Member Army Study to Assess Risk and Resilience in Servicemembers (STARRS) DoD Suicide Event Report (DoDSER) Committee 2009-Present Member Army Study to Assess Risk and Resilience in Servicemembers (STARRS) Suicide Attempt Case Control Committee 2008-Present Member Department of Defense - Suicide Prevention and Risk Reduction Committee (SPARRC) Subcommittees: 2nd Opinion/Consultation Work Group; Suicide Nomenclature Work Group; Suicide Prevention Training Work Group 2007-Present Chair, Institutional Review Board Task Force Member, Kalafat Scholarship American Association of Suicidology 2006-Present Full Member, Institutional Review Board Committee Uniformed Services University of the Health Sciences, Bethesda, MD APPIC Internship Coordinator 2006-Present Uniformed Services University of the Health Sciences, Bethesda, MD Department of Medical & Clinical Psychology 2010 Invited Expert Member U.S. Army Suicide Reduction and Prevention Research Strategic Planning 2009-2010 DoD Subject Matter Expert - Suicide Prevention RAND Corporation – Interviewed in 2009 and in 2010 2009-2010 Co-Chair North Atlantic Treaty Organization (NATO), Exploratory Team, Suicide in the Military Member, Graduate Education Committee (2009-2010) 2009-2010 Uniformed Services University of the Health Sciences, Bethesda, MD Clinical Supervisor, Cognitive Therapy Suicide Prevention Protocol 2007-2009 University of Pennsylvania – Department of Veterans Affairs Training Collaboration 2006-2009 Student Evaluation Committee; Faculty Search Committee; Curriculum Committee; Consultant for Scientific Protocols Involving Suicide Risk Management; Department WebPage Editor Uniformed Services University of the Health Sciences, Bethesda, MD Department of Medical & Clinical Psychology 2006-2007 Clinical Supervisor National Naval Medical Center, Psychiatry Residency Program, Bethesda, MD 2004-2010 Member Clinical Psychology Peer Consultation Support Group, Columbia & Baltimore, MD 2001-2002 Volunteer Mock Interviewer Catonsville High School, Catonsville, MD

2001-2004 Faculty Volunteer, Service Learning Institute Member, General Education Assessment Team Psychology Club Advisor, Department of Psychology Faculty Search Committee Member, Business & Social Sciences Division Consultant, Understanding Islamic Cultures, National Association of Foreign Affairs Grant Community College of Baltimore County, Catonsville, MD Data Analyst & Consultant 2000-2001 Springfield Hospital Center, Co-Occurring Disorders Program, Sykesville, MD 1997-1999 Member, Admissions Committee Fairleigh Dickinson University, Department of Psychology, Teaneck, NJ 1993-1996 Volunteer - Certified Sexual Assault Counselor Community Services Program Victim Services and Prevention, Irvine, CA

#### **REFERENCES**

### Aaron T. Beck, M.D.

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Philadelphia, PA 19104
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abeck@mail.med.upenn.edu

# Margaret Gibbs, Ph.D.

Professor, Psychology – Director of Training Fairleigh Dickinson University 1000 River Road Teaneck, New Jersey 07666 (201) 692-2302 or (201) 692-2315 gibbs1@optonline.net

# Carolyn Brodbeck, Ph.D.

Associate Professor, Psychology Chapman University Department of Psychology One University Drive Orange, California 92866 (714) 744-7641 brodbeck@chapman.edu

### Louis Hsu, Ph.D.

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# Gregory K. Brown, Ph.D.

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# Juliana Lachenmeyer, Ph.D.

Director, Anxiety Treatment Program North Shore University Hospital Cornell University Medical College Great Neck, New York (516) 562-4927; (516) 482-1767 jrlphd@aol.com

# Lisa Drexler, Ph.D.

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Chevy Chase, Maryland 20815
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# Robert Katz, Ph.D.

Director of Intern Training
Springfield Hospital Center
6655 Sykesville Road
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Department Secretary x3391
rkatz@dhmh.state.md.us